

Resultat Lagtävling Valloxen Runt 2009

16 km löp

| | | | | |
|----|------------|--------------------|---------|---------|
| 1 | 40+ | | 2.56.02 | |
| | | Per Åsberg | | 0.53.51 |
| | | Per Berg | | 0.57.48 |
| | | Roger Sernemyr | | 1.04.23 |
| 2 | Alsike IF | | 3.35.38 | |
| | | Erik Ljunggren | | 1.02.28 |
| | | Pär Jansson | | 1.10.52 |
| | | Stefan Lundström | | 1.22.18 |
| 3 | Långhundra | | 3.36.17 | |
| | | Sven Wigertz | | 1.07.33 |
| | | Joakim Wigertz | | 1.11.33 |
| | | Ulf Olsson | | 1.17.11 |
| 4 | Talludden | | 3.55.13 | |
| | | Andreas Marmelöv | | 1.08.47 |
| | | Karl-Åke Marmelöv | | 1.20.57 |
| | | Thomas Marmelöv | | 1.25.29 |
| 5 | ÅC-Bygg | | 3.57.59 | |
| | | Mats Setre | | 1.12.14 |
| | | Robert Magnusson | | 1.21.35 |
| | | Robert Wennberg | | 1.24.10 |
| 6 | Sexy Boy | | 4.05.59 | |
| | | Johan Hellsten | | 1.17.48 |
| | | Roland Hedlund | | 1.23.46 |
| | | Niklas Fredriksson | | 1.24.25 |
| 7 | Rånäs 2 | | 4.11.07 | |
| | | Susanne Wahlqvist | | 1.13.22 |
| | | Carolina Andersson | | 1.21.15 |
| | | Linn Gustavsson | | 1.36.30 |
| 8 | Nord | | 4.11.42 | |
| | | Henrik Ollandt | | 1.16.05 |
| | | Rikard Reneland | | 1.25.16 |
| | | Mikael Danielewicz | | 1.30.21 |
| 9 | Lag Rapp | | 4.13.40 | |
| | | Kent Rapp | | 1.22.02 |
| | | Carina Rapp | | 1.25.48 |
| | | Lena Hagnefur | | 1.25.50 |
| 10 | MIAB | | 4.23.48 | |
| | | Anders Enockson | | 1.23.53 |
| | | Tommy Ahlberg | | 1.28.41 |
| | | Göran Larsson | | 1.31.14 |
| 11 | Springarna | | 4.53.57 | |
| | | Martin Ekstrand | | 1.31.37 |
| | | Jan Löfgren | | 1.39.08 |
| | | Ted Rönnewall | | 1.43.12 |
| 12 | Team Jälla | | 5.02.35 | |
| | | Birgitta Jonsson | | 1.36.54 |
| | | Björn Ekman | | 1.39.48 |
| | | Olle Karlsson | | 1.45.53 |

8 km löp

| | | | |
|----|---------------------|---------|---------|
| 1 | Rånäs 4H | 1.47.15 | |
| | Anders Åberg | | 0.28.51 |
| | Fredrik Bäck | | 0.32.06 |
| | Lennart Tillborg | | 0.46.18 |
| 2 | Brandkåren Attunda | 1.48.52 | |
| | Eric Svensson | | 0.33.05 |
| | Pär-Arne Skinnrason | | 0.37.53 |
| | Gunilla Johansson | | 0.37.54 |
| 3 | Lag Lollo | 1.57.42 | |
| | Jonas Brändström | | 0.38.32 |
| | Lars-Olov Lönn | | 0.39.34 |
| | Håkan Kanebjörk | | 0.39.36 |
| 4 | Segelhakarna | 2.02.39 | |
| | Karin Cervenka | | 0.39.32 |
| | Rikard Shal | | 0.39.33 |
| | Amanda Cervenka | | 0.43.34 |
| 5 | Turbogänget | 2.03.51 | |
| | Martin Söderström | | 0.32.41 |
| | Rune Carlsson | | 0.42.57 |
| | Gustaf Söderström | | 0.48.13 |
| 6 | Team Aronsson | 2.04.50 | |
| | Andreas Boman | | 0.38.40 |
| | Ove Aronsson | | 0.40.32 |
| | Börje Andersson | | 0.45.38 |
| 7 | Ido-iterna | 2.05.49 | |
| | Magnus Lundqvist | | 0.37.39 |
| | Anders Ahlen | | 0.43.44 |
| | James McKie | | 0.44.26 |
| 8 | Lag Qnivsta | 2.08.27 | |
| | Karin Meyer | | 0.39.07 |
| | Siv Lidholm | | 0.41.11 |
| | Marianne Hedlund | | 0.48.09 |
| 9 | Team Gerhard | 2.08.40 | |
| | Thomas Strålman | | 0.38.13 |
| | Urban Löqvist | | 0.42.37 |
| | Dan Enrot | | 0.47.50 |
| 10 | UGGK | 2.15.09 | |
| | Robbie Eriksson | | 0.39.31 |
| | Per Söderström | | 0.44.57 |
| | Rolf Ericsson | | 0.50.41 |
| 11 | Ido-iterna | 2.27.25 | |
| | Oskar Ahlen | | 0.47.10 |
| | Mats Hållström | | 0.48.40 |
| | Birgitta Hållström | | 0.51.35 |

5 km löp

| | | | |
|---|-----------------|---------|---------|
| 1 | LAGET | 1.03.36 | |
| | Adam Eldh | | 0.20.50 |
| | Tomas Malmelöv | | 0.21.04 |
| | Gustav Karlsson | | 0.21.42 |
| 2 | Dacke | 1.12.07 | |
| | Dag Dacke | | 0.22.01 |
| | Joakim Westman | | 0.22.37 |

| | | | |
|---|----------------|-----------------------|---------|
| 3 | Kermit | Bengt Sandberg | 0.27.29 |
| | | 1.17.53 | |
| | | Josefin Meyer | 0.22.20 |
| | | AnnaMaria Käck | 0.27.15 |
| | | Yvonne Svensson | 0.28.18 |
| 4 | IF Linnea 1 | 1.21.05 | |
| | | Tone Knibestöl | 0.22.51 |
| | | Matilda Kjellgren | 0.27.07 |
| | | Frida Ollandt | 0.31.07 |
| 5 | Lollos Fanclub | 1.21.55 | |
| | | Kajsa von Zweigbergk | 0.23.55 |
| | | Louise von Zweigbergk | 0.25.45 |
| | | Olivia Lönn | 0.32.15 |
| 6 | Tjejligan | 2.05.02 | |
| | | Julia Åhlin | 0.41.36 |
| | | Annsophie Åhlander | 0.41.43 |
| | | Isa Evansson | 0.41.43 |
| 7 | Team Jälla | 2.40.31 | |
| | | Lorenzo Garcia Lopez | 0.53.30 |
| | | Karin Almqvist | 0.53.30 |
| | | Anna Carina Söderberg | 0.53.31 |